

Blayney LGA

Health Snapshot 2020



The Blayney Local Government Area is located in the Central Tablelands of New South Wales and covers 1,525 square kilometres in area. While predominantly rural in nature, the Blayney Shire supports agricultural industries as well as mining and manufacturing. It is comprised of the principal town of Blayney, as well as a number of villages including Carcoar and Millthorpe. The Shire has quality schools and facilities that support participation in sports, recreation and healthy lifestyles.

Demographics



The estimated resident population from the 2016 Census was

7,418



an increase of 3% from the 2011 Census.

Median age is 42 YEARS (NSW: 38 yrs.)
The median age of 42 years is 11% above the NSW average (38 years)



49.8% males | 50.2% females

There are slightly fewer males (49.9%) than females (50.1%) living in the region

3.7% of the population identified as **Aboriginal and/or Torres Strait Islander** compared to 2.9% for NSW.

Population trends

0-14 yrs
21% of total population (NSW: 19%)

15-44 years and 45-64 years age groups make up the largest proportion of the population, 32% and 28% respectively. 0-14 years make up 21% while those aged 65 years and older make up 19% of the population.

65+ yrs
19% of total population (NSW: 16%)

1,926 families

with 2 children per family on average (NSW: 1.9)

Drivers of health

Based on a range of social and economic characteristics, the ABS Index of Relative Socio-economic Disadvantage (IRSD) score of 982 for the Blayney LGA indicates greater disadvantage when compared to the NSW average IRSD of 1002. However, Blayney is ranked in the top 25% most socio-economically advantaged LGAs in the Western NSW Primary Health Network region.



5.4% of the population have a **profound or severe disability** (NSW: 5.6%)



85.8% of the population is **Australian-born** (NSW: 65.5%)



0.1% of people born overseas report **poor proficiency in English** (NSW: 3.8%)



In 2016, levels of **unemployment** were lower than State averages, 5.8% compared to 6.3%



Lower levels of **home internet access** compared to national average: 75.3% (LGA): 82.5% (NSW)



Lower crime rates compared to the state average

Health status



53%

53% of people surveyed in the WNSW Telephone Community Health Survey 2018 rated their health and wellbeing as good or excellent. (PHN: 73%)

Health priority



46%

46% of people surveyed in the WNSW Telephone Community Health Survey 2018 reported cancer as the most serious health concern facing their community.

Health service gaps



20%

WNSW Telephone Community Health Survey 2018 showed the gaps were in medical specialists and GP access.

- 20% reported gaps in speciality care
- 18% reported GP Access and lack of GPs in their community.

Vulnerable groups



Mothers & Babies

268 babies born to Blayney resident mothers between 2016 and 2018.

Higher rates of smoking during pregnancy compared to NSW (PHN:19%; NSW:9%)



Older people

Ageing population predictions: 27% of residents in 2036 aged 65+ years.

Chronic disease and risk-factors

Snapshot of chronic disease and risk-factor prevalence in Blayney Medical Practice Patients.



46% of patients are considered to be overweight



16% of patients diagnosed with a mental health condition



15% of patients diagnosed with two or more chronic conditions



8% of patients diagnosed with type 2 diabetes mellitus



27% of patients diagnosed with high blood pressure



8% of patients diagnosed with cardiovascular disease

Primary and Community Health Services



Local general practice services

- ✓ Local GPs in Blayney, Carcoar and Millthorpe (weekday and Saturday morning, after hours by arrangement)
- ✓ Psychology service (weekdays),
- ✓ Pathology service



Local pharmacy service (weekday and Saturday Morning)

- ✓ Alcohol and drug dependence 1 hour per weekday

Allied health services

- ✓ Visiting diabetes educator (one morning/week)



Maternity, child and family health

- ✓ Immunisation, parenting and family support and education



Chronic disease management

- ✓ Chronic and complex care services (weekdays)
- ✓ Smoking Cessation 4 days per week

Mental health services

- ✓ Visiting psychologist to Millthorpe Medical Practice



Women's health

- ✓ Visiting women's health clinic (Thursday mornings)

Pathology Service

- ✓ Western NSW Pathology Services (Monday morning, Tuesday afternoon)



Aged care services

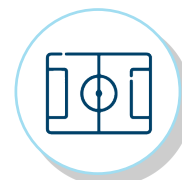
- ✓ Case management for older persons
- ✓ Meals on Wheels

Blayney Council

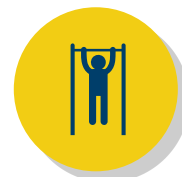
Blayney Council supports preventative and health services:



Walking and cycling trails



Sporting and exercise facilities



Stationary exercise equipment



Swimming pool and gym



YMCA Facility promoting health and wellness



Youth after school and holiday programs

Future Proofing

Blayney Health Service to continue a proactive approach to piloting new initiatives that improve health services and health programs available in the community

Ageing population needs considered as part of the proposed redevelopment of the Blayney Health Service

phn
WESTERN NSW

An Australian Government Initiative

p: 1300 699 167
w: wnswhn.org.au



Health
Western NSW
Local Health District



Blayney Multi-Purpose
Service (MPS) p: 6368 9000

Blayney
Health Council
Living Well Together



NSW RURAL DOCTORS NETWORK